



1955

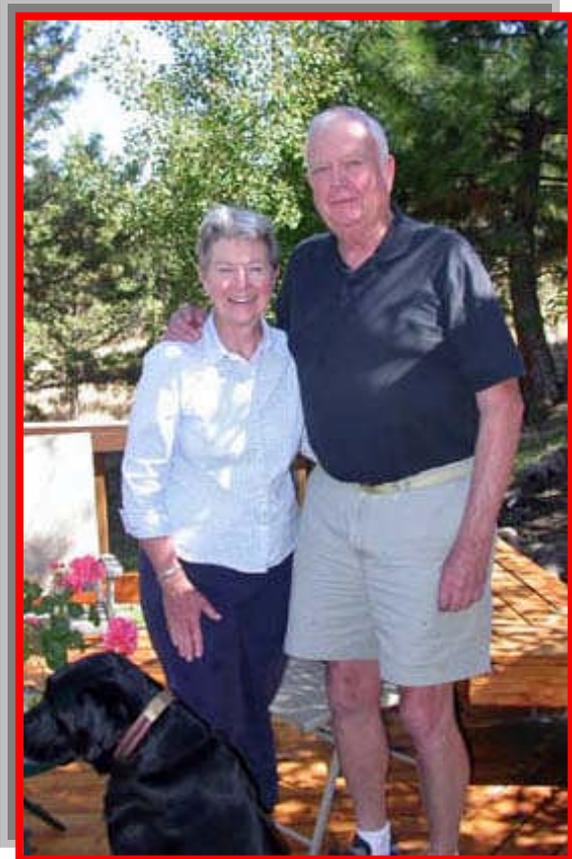
CHS Bio

Paula Capps Hiker - Biker



***Writing a "bio" seemed a daunting task.
How could 50 years so quickly pass?
Compared to my classmates, my accomplishments pale,
So by the decades I'll tell you my tale.***

1956-1966
University of Colorado, Boulder
Delta Gamma
Degree in Speech Therapy and
Education
Marriage to a fellow Buff
Celebrated 45th anniversary this past
June
Move to San Francisco Bay Area
Lynne works for Ma Bell
I teach in private school and then
public
Have to get back to the mountains
Join a ski club and help build a cabin



***A move to the East Bay, first home,
roots down.
A warm and friendly place to raise our
family we had found.***

1966-1976
Learn to sail on S.F. Bay
Daughters born in '69 and '71.
In partnership, buy a cabin in Squaw Valley Ca.
While at CU, I watched the '60 Olympics broadcast from there!
We all ski and spend vacations there.

***This next group of years seems to be kids and such
Car pools, Bluebirds, swim meets, intellectual endeavors, not so much!***

1976-1986
Substitute teaching leads to a full time job.
Help develop a Community-based Language instruction program for
developmentally disabled children and adults.

Workshops for other Speech Therapists.
Girls grow up, oldest graduates and heads to college.

***We all knew our hearts in the mountains were..
So first chance we had, back we went, yes sir!
Early retirement from Ma Bell gave us the chance..
Squaw Valley, full time, without a backward glance.***

1986-1996

Take on a full time job, a Special Day Class for Communication
Handicapped.

New Adventures like taking my class cross-country skiing.
Younger daughter graduates and heads for college.

Enjoy the empty nest and Tahoe's beauty.
Both girls are college graduates and become gainfully employed.

***It was time to look for a retirement spot
We had visited Bend and liked it a lot.
Here we could play in the snow when we wished.
But, a snow shovel all winter, we didn't have to push!***

1996-2006

New friends, hobbies, interests

Weekly women's hiking group
Lynne becomes a Park and Rec. volunteer
Take up mountain and then road biking
Quilting, Book group, sewing, knitting,
gardening
Three grandchildren

***Decade by decade, my tale is told
It may be presumptuous or even bold,
To hope you found it entertaining?
Some reflections though your interest may be
waning.***

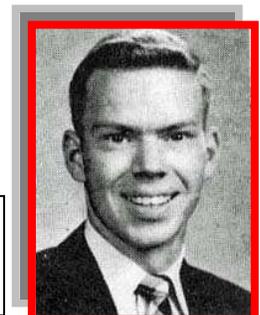
Bless Edna Newkirk for teaching us to how to write
research papers!

Thanks for a first class education that prepared me for
college.

Oh yes, Fred's ever burning question.who did I date in
H.S.?

Clifford Cantrell and I were "steadies". If memory serves
me right, our first date was a DeMolay Sweetheart Dance in 8th
grade.

Looking forward to the Reunion!
Paula



Above: Paula as Miss Hiker –
Right: Clifford Cantrell, Paula's
steady at CHS